

Contents

[8 Superpowers You Forgot You Had](#)

8 Superpowers You Forgot You Had



Dear *Permission to be Powerful* Reader,

- ✕ You don't need a guru.
- ✕ You don't need another self-help book.
- ✕ You need to remember.

These 8 powers are already inside you.

They've been here the whole time.

You just forgot.

So here they are. Raw. Real. Ready when you are.

1. Attention



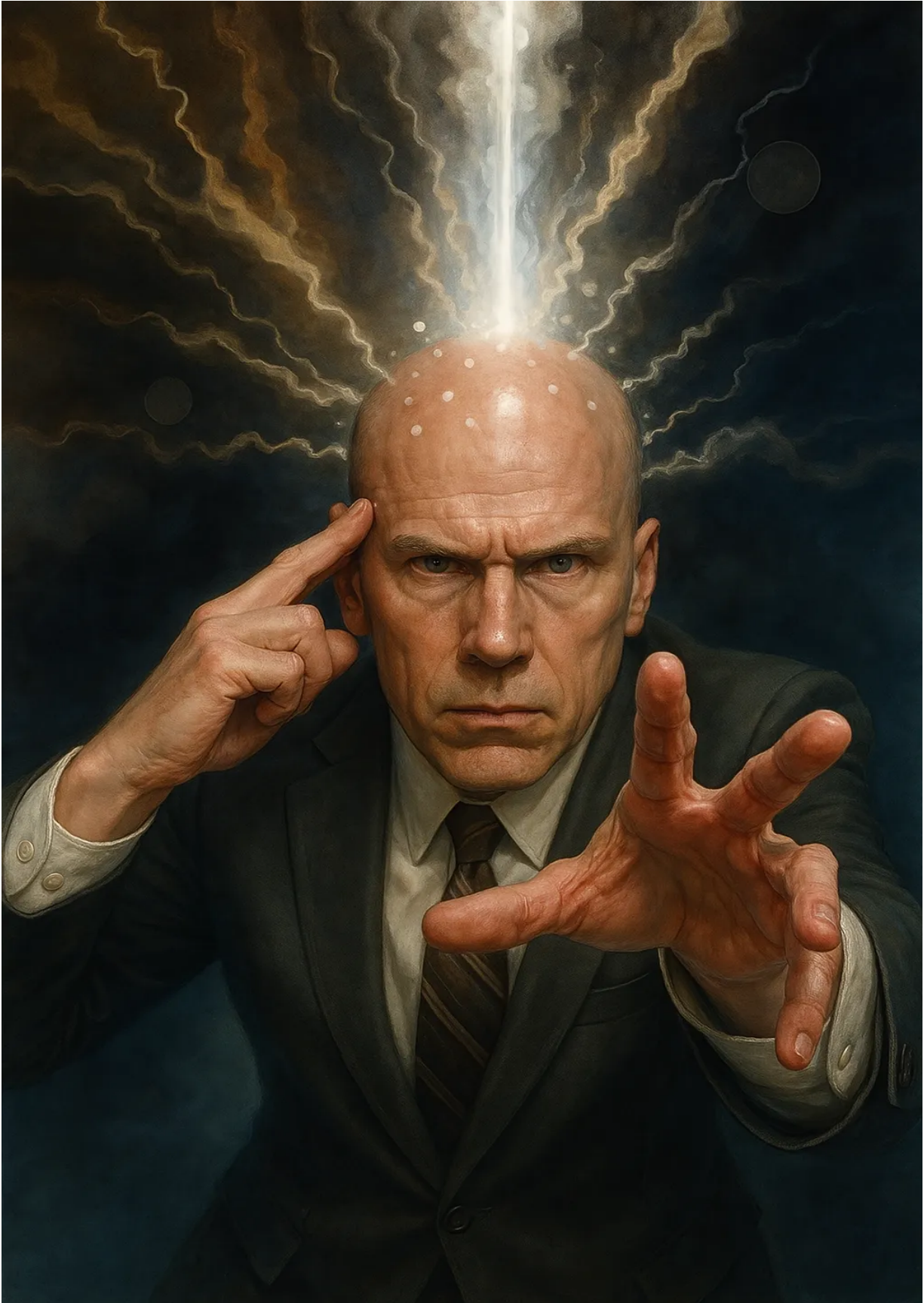
What you pay attention to becomes your reality.
You can literally doomscroll yourself into depression.
I've done it. I still do it sometimes.
Even on meditation retreat, I catch myself chasing shadows.
We're addicted to outrage.
To morbid curiosity.
To pain we pretend is "just staying informed."
But here's the truth:
Your attention is a drug.
It feeds what it touches.
Watch misery, become misery.
Watch beauty, become beauty.
Want a shortcut to healing?
Start noticing what you notice.
And choose better.
"The gateway to freedom is Zazen Samadhi." — Master Hakuin

2. Belief



Beliefs have the
power to create and
the power to destroy.
Human beings have
the awesome ability
to take any experience
of their lives and
create a meaning that
disempowers them
or one that can literally
save their lives.

– *Tony Robbins*



A belief can start a war.

Or end one.

It can keep you stuck for a lifetime.

Or make you unstoppable.

But here's the problem:

We don't *know* what we believe.

We think we do. But we don't.

Most beliefs are hand-me-downs from childhood trauma and cultural hypnosis.

Changing your core beliefs is like steering a train with your pinky finger.

You're not weak.

You're trying to reroute a system designed to keep you safe in a dangerous world.

You'll need leverage.

Pain. Mentors. Masterminds.

You'll need moments that break you open so something new can grow.

And when that happens—

Don't waste it.

Use it.

3. Truth



Truth isn't just a virtue.

It's a *weapon*.

It clears fog.

It protects your peace.

It breaks chains that lies keep locked.

After 15 years as a professional liar, I know this firsthand.

Lying poisons your mind.

It's a form of mental illness no one talks about.

Speak your truth.

Even when it's terrifying.

Especially then.

Radical honesty disarms people.

It builds trust.

It turns enemies into open books and cowards into ghosts.

Lead with it.

Weaponize it.

Wield it like David's stone.

4. Integrity



Integrity is your credit score with the universe.

If your word's no good,
you're walking around with a trillion Zimbabwe dollars.
Looks like power.

Buys you nothing.

Lying to yourself is hustling backwards.

It's like locking yourself in a snake pit and throwing away the key.

If you say you'll do something, do it.

Even if no one's watching.

Especially then.

When your word is bond,

your *life* becomes the bond.

5. Silence



Silence lets your spirit talk.
And trust me, it's smarter than you.
It remembers everything.

The you that cried in the womb.
The you that will whisper on your deathbed.
But you can't hear it if you're always performing.
Scrolling. Clicking. Performing for ghosts.
Your nervous system is fried.
Society trained you like a lab rat on dopamine.
Stillness feels like danger.
But here's the wild part:
Silence isn't the absence of sound.
It's the presence of *truth*.
Go there.
Get quiet.
Let the ancient part of you speak.

6. Empathy





Everyone is obsessed with themselves.

And everyone is starving to be seen.

You want real influence?

Make people feel understood.

Not manipulated.

Not mirrored.

Seen.

This is the secret.

People aren't hard to reach.

They're hard to *notice*.

You want to win hearts?

Be the one person in their life who *gets it*.

Who sees them like no one else ever has.

We're all ghosts looking for mirrors.

7. Science



Science is magic that worked twice.

It's humanity's collective memory.

1000 generations ago, we were learning to make fire.

Now we send robots to Mars.

That's not normal. That's divine.

The poorest person today lives better than kings of the past.

They didn't even have glass windows or antibiotics.

Now you've got AI in your pocket and access to the sum of human knowledge.

Use it.

Don't just scroll.

Create. Explore. Elevate.

You live in an era of miracles.

Start acting like it.

8. Boundaries





Saying “No” is holy.

It’s not rejection.

It’s *protection*.

You are not a landfill for other people’s chaos.

You don’t owe anyone access to your soul.

Your “Yes” means nothing if you can’t say “No.”

Boundaries are how you love yourself in public.

They are invisible fences that keep your spirit sacred.

You don’t have to over-explain.

You don’t need a good excuse.

“No” is a full sentence.

Give yourself back to yourself.

One boundary at a time.

Which one of your 8 superpowers are you reclaiming first?

Let it be small. Let it be awkward.

Let it be **yours**.

AND HERE'S WHAT'S IN VIP:

This isn't just some premium tier.

This is your **launchpad**.

This is the **secret bookshelf in the back of the library**, the one with the forbidden texts.

The files too powerful for the free world.

The training ground for *those who are ready*.

🔥 What You Unlock Inside VIP:

☀️ **The ADHD X Factor**

The unfair advantage hidden inside your brain. Finally revealed.

Tap the chaos. Turn it into superpowers.

(This report alone has made people cry and build things they've been putting off for years.) ♂ **The Daily Practice**

Think of this as mental floss + nuclear fuel.

It's simple. It's sacred. It's how we stay powerful when the world is nuts.

🔥 **Hell & Paradise (Advanced Review Copy)**

Read the memoir before the critics do.

Before it hits the Substack charts. Before it's weaponized by your ex.

This is what Anton *was never going to publish*. Until now.

The Trillion Dollar Swipe File

The Persuasion Infinity Gauntlet.

The Copywriting Death Star.

Every bullet, close, and phrase responsible for 8-figure promos—decoded.

The AI Prompt Bible

70+ custom prompt blueprints to run your life like a cyborg Buddha.

Business, relationships, mindset, writing—prompted like a pro.

Stop using AI like a mortal.

The Next AI Revolution

The 1–3 year forecast.

What’s coming. Who will win. And why your future may depend on reading this now.

The AI Cheat Code

Unlock elite-level output from ChatGPT in 60 seconds or less.

Think of this as a red pill. For your productivity. For your brain. For your future.

The Monster Method

How to sell the click, beat controls, and resurrect 8-figure funnels with *8 lines or less*.

This is the Tony Robbins copy training.

And now it’s yours.

The Trigger Method Workbook (Zalman Nelson, LCSW)

Turn your emotional reactions into power.

Rewire your nervous system.

Stop losing control when you're triggered—start using it as fuel.

This is self-parenting for the modern mind.

Bottom Line:

This isn't a "VIP subscription."

It's a **performance stack for your mind, business, and soul.**

You're not just reading content.

You're training for the life you were meant to lead.

[**Join VIP.**](#)

[Subscribe now](#)

Until next time,

Anton

Creator of Permission to be Powerful.



Permission to be Powerful is a reader-supported publication. To receive new posts and support my work, [consider becoming a free or paid subscriber.](#)